



## West End Academy of Dance COVID-19 Protocols and Operations

We are excited to welcome everyone back into the studio to begin to dance in person again. For the safety of our staff and students, we have implemented the following protocols based on the CDC's recommendations and Virginia's Phase Three guidelines for re-opening.

**\*\*WEAD's COVID-19 protocols and operations are subject to change.\*\***

### **Self Assessment Prior to Class**

If you are experiencing any of the following symptoms that cannot be attributed to another illness like allergies, please stay home. If you are feeling well enough, we invite you to join class virtually via Zoom.

Please stay home if you are experiencing (or have experienced 24 hours prior to coming to class) any of the following symptoms:

- Fever
- Dry cough
- Chest pain
- Aches and pains
- Sore throat
- Headache
- Loss of taste or smell
- Rash on skin or discoloration of fingers and toes

## Health Checks

Please use the doors marked for entry into the studio. We are using separate doors for entry and exit. Anyone who enters the building must wear a face mask.

Students will be required to answer a health questionnaire the day of their class (or classes). The questionnaire can be accessed from the Parent Portal and should be completed before you arrive.

Instructions to access the health questionnaire:

1. Log in to the Parent Portal -

<https://dancestudio-pro.com/online/weadance>



Attendance

2. Scroll down and click the Attendance icon.
3. Click Check In.
4. Click the name of the student you wish to check in, then click Next.
5. Choose their first class of the day and proceed to the health questionnaire.

Note: The first question, temperature reading, will be completed upon arrival by WEAD staff.

Students, stop at the health check table to get your temperature taken. Anyone with a fever of 100.0F or higher will not be admitted into the building. Once admitted, students will use the available hand sanitizer and be directed to the appropriate studio for class. Parents will be asked to leave once their student has been admitted.

Note, children age 11 and under must be accompanied by an adult until they get through the health check. Children 12 and over who are not admitted past the health check and who do not have a parent or guardian present will be asked to step outside and wait while a staff member contacts their parent/guardian to pick them back up.

Please arrive no earlier than 15 minutes prior to the start of your class.

Dancers who have recently traveled outside of the state of Virginia must quarantine for 14 days before returning to the studio for class. We encourage you to participate in virtual classes for those two weeks.

Touchless hand sanitizing stations will be provided throughout the building for easy access. One in each studio, two in the lobby, and one at the entrance.

### **Face Mask Requirements**

All persons age 3 and older will be required to wear a face mask when entering the building.

Face masks will be required during class as well, with the exception of pre-ballet where face masks are strongly encouraged.

Note: The face mask requirement is a direct result of scientific findings that the virus can be spread through droplets in the air.

If a dancer is experiencing shortness of breath they may step to the side of the studio and take a break from dancing. If they are unable to recover, the dancer may quietly leave the studio, alert a

staff member, and be escorted outside, so they can take their mask off. The dancer may re-enter class with their mask on when they are feeling better.

## Resources for Masks for Exercise

Athleta

<https://athleta.gap.com/browse/search.do?searchText=face%20mask&autosuggest=true>

Under Armor [www.underarmor.com](http://www.underarmor.com)

Hanes wicking cotton mask [www.hanes.com](http://www.hanes.com)

Old Navy <https://oldnavy.gap.com/browse/category.do?cid=1157699>

Bloch <https://us.blochworld.com/collections/bloch-face-mask-collection>

## Limited Entry

Parents of students ages 11 and under will only be allowed entry into the building up to the health checkpoint. Once your child is checked in for class you will exit through the designated door. Parents of students ages 12 and over will drop them off at the entrance.

We will be accepting all payments online through the DanceStudioPro Parent Portal. This is our preferred method of payment. If you need to make a payment in person you may do so in the office, a mask will be required to come inside. Please allow us time to get students settled into their classes before coming in so that all social distancing guidelines can be followed and we are

able to give you our full attention. There will be a limit of two parents in the office area at a time and 6ft social distance will need to be maintained. We will also be happy to take your payment over the phone.

## **Dressing Rooms**

We ask that dancers arrive with their dance attire on. Please remember to wear street clothes over your leotard and tights. In the event that may not be possible, we will be limiting the dressing rooms to two dancers per side. There will be no congregating in the dressing rooms. You must wipe down all surfaces that you may have touched (door handles for example) with provided disinfectant wipes.

Dancers will be directed to a designated area for changing shoes. They will hold onto their street shoes and all other personal belongings, then place them in a cubby in the studio before going to their dance square.

All dancers are required to bring a designated pair of shoes that are only worn for dance class. You are not permitted to wear street shoes in the studio, that includes tennis shoes for hip hop.

Modern and Contemporary dancers will be asked to wear socks for class. Please view the Notes in the Parent Portal or call us for sock recommendations.

Dressing rooms will be cleaned by WEAD staff every 2 hours.

## **Personal Belongings**

Dancers should bring as few personal belongings with them as possible to the studio. We will not have space for large dance bags, backpacks, or duffel bags. Dancers should pack what they need for each day based on the classes they have that day, rather than a big bag with all of their dance equipment in it for the week.

Minimizing personal belongings will allow us to maintain the proper flow of traffic and ensure that your belongings are kept safe.

## **Common Areas**

Use of the lobby will be limited to those who have an hour or more in between classes, please only one person per table (unless from the same household) and you must wear a mask while at the table.

Anyone with less than one hour between classes will be directed to a designated spot to wait for class to start.

Common areas will be cleaned by WEAD staff every 2 hours

## **Bathrooms**

Please have your child use the bathroom before class to limit bathroom trips during class. Our building only has one mens and one womens bathroom that will be reserved for our dancers and staff only. There are public mall restrooms available a short walk from our building.

Step stools have been installed in each bathroom at the sink and toilet area.

Since bathrooms are single stalls, only one person in the bathroom at a time, this excludes pre ballet dancers who may need assistance. Dancers are responsible for wiping down surfaces that they may have touched.

Bathrooms will be cleaned by WEAD Staff once every 2 hours.

## **Classes**

All classes will be limited to 12 students and will operate on a hybrid system of virtual and in person instruction with students alternating weeks between zoom and in person classes. Dancers will be notified of their week assignments one week prior to class starting.

Each dancer will be assigned to a 8ft. x 8ft. dance square along with a corresponding cubby to store shoes and other belongings while in class.

Bars will be marked for 6 ft social distancing guidelines.

Each studio will be cleaned according to CDC guidelines in between each class including steam mopping the floors and sanitizing surfaces.

Classes will be dismissed 5 minutes early to allow time for proper cleaning.

## **Class Materials**

We are not allowing the communal use of mats, therabands, or other equipment. Dancers in the following classes will be required to bring their own items listed below.

- Ballet IV and up - theraband
- Stretch - mat

## **Class Dismissal**

Classes will be dismissed five minutes early to give WEAD staff ample time to clean each studio before the next class. To help maintain the recommended 6 ft social distance, dancers will be dismissed one at a time through the doors marked “dancer pick up” located to the left and right of the main entrance if you are facing our store front.

## **Water**

The use of the water fountains will not be available at the studio so please bring your own water bottle to last for the duration of your classes at WEAD. Dancers will receive short water breaks in their dance squares where they will be permitted to take a quick sip. There will, however, be no water breaks for Pre-Ballet, Pre-Jazz, or Ballet I.

We recommend bringing a water bottle with a concealed mouth-piece, such as a screw top. A bottle with a straw or other mouth-piece that is open to the air is discouraged.



## **Cleaning**

In addition to above mentioned cleaning protocols, WEAD staff will clean the entire studio every evening at the conclusion of classes to get ready for the next day's classes.

The studio will also be *professionally* cleaned on a weekly basis. Additionally, Stratus Building Solutions will provide a commercial grade coronavirus disinfectant treatment on a quarterly basis and additionally as needed.

## **WEAD Faculty and Staff**

All faculty and staff members will be required to wear a mask at all times while in the building. Additionally, staff members will be required to take a temperature check and answer a health screening questionnaire daily upon entering the building.

## **Contact Tracing**

We are confident in our safety protocols and are committed to doing everything we can to prevent COVID-19 from entering our building. Please do notify us if you or your dancer has tested positive for COVID-19. In the case of a confirmed positive COVID-19 case with a student, parent, or staff member, we will close our doors for 14 days, perform a commercial grade disinfectant and sanitation treatment, and provide a contact tracing report for the school. All classes would be held virtually during this time.